

# Wellness Symposium

July 24-26, 2009

The Eighth Street Center  
200 North 8<sup>th</sup>, Buhl, ID 83316  
543-5417

## Presented by Ki Wellness Consulting

The Wellness Symposium is an opportunity to explore new wellness and health modalities in our time. There will be healthy coffee and healthy chocolate. Have you ever heard of such a thing? You can also take advantage of some health benefiting bodywork treatments like Reiki and the Richway Amethyst BioMat. Ki Wellness Consulting also presents Joe Gundy, author and Reiki Master, who will be sharing his new book, Computeritis, and How to Survive the Technological Age.

### Schedule of Events

Friday, July 24, 2009

12 Noon                    Symposium Opens  
Free BioMat Treatments Free Reiki Treatments Free Coffee and Chocolate Samples  
6 PM                    Free Treatments End  
7 PM                    Free Introductory Lecture on Reiki, presented by Joe Gundy and Kathy  
Ruyts  
8-9:30 PM            Reiki I and II Class

Saturday, July 25, 2009

10 AM                    Reiki Class  
12 Noon                    Symposium Opens  
Free Bio Mat Treatments Free Reiki Treatments Free Coffee and Chocolate Samples  
1 PM                    BioMat DVD Presentation and Talk  
2 PM                    Gano Coffee  
3 PM                    Xocia Chocolate Presentation  
4 PM                    “Computeritis and Wellness” presented by Joe Gundy, author of  
Computeritis, and How to Survive the Technological Age  
5 PM                    Author Book-signing, Joe Gundy  
6 PM                    Free Treatments End  
7-10 PM                Reiki I and II

Sunday, July 26, 2009

10-1                    Reiki I  
10-3                    Reiki II